

Ed E. Jacobs, Ph.D., LPC
Associate Professor

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Education

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| B.A. | University of Texas, Austin | 1966 | Psychology |
| M.A. | University of Texas, Austin | 1968 | Psychology |
| Ph.D. | Florida State University | 1971 | Counselor Education |

Professional Experience

Associate Professor and Coordinator of the Master’s Program in Counseling
West Virginia University
College of Education and Human Services
Department of Counseling, Rehabilitation Counseling and Counseling Psychology
Morgantown, WV
08/1972 to Present

Counselor

Florida State University Counseling Center
1970-1972

Private Practice: Thirty-five years

TEACHING INTERESTS: Impact Therapy; Group Counseling; Counseling Theories; Addictions Counseling; Marriage and Family Counseling; Community Counseling; School Counseling; Grief Counseling; Supervision

SPECIAL INTERESTS: Impact Therapy; Creative Counseling; Group Counseling; REBT; TA; Marriage and Family Counseling, Grief Counseling; Techniques for Effective Presenting

AWARDS:

Outstanding Teacher in the College of Human Resources & Education, 2005-2006 and 1974-1975.
Innovator of the Year –2005 –Association for Creativity in Counseling; Fellow—Association for Specialists in Group Work; Professional Development Award-- Association for Specialists in Group Work

WORKSHOPS, PRESENTATIONS, CONSULTATIONS

Have presented over 600 workshops and presentations at national, state, and regional organizations and agencies. Have served as consultant for numerous agencies and school districts.

Impact Therapy/Creative Counseling: Conducted over 350 workshops demonstrating the principles of Impact Therapy and creative techniques.

Group Counseling: Conducted over 175 workshops for school, correctional, mental health, and drug and alcohol counselors throughout the United States and Canada.

Drug and Alcohol Counseling: Conducted over 75 workshops for D&A Counselors on group, individual, and family counseling. Consultant for adolescent, ACOA and DUI groups.

Counseling Theories: Conducted over 100 workshops on T.A., R.E.B.T., Adlerian, and Gestalt theories for school, drug and alcohol, correctional, and mental health counselors.

Stepfamily Counseling: Conducted over 20 all day workshops at the ACA national conventions, state conventions, and agencies throughout the country.

Marriage and Family Counseling: Conducted over 15 workshops at the ACA national conventions, state conventions, and area agencies. Made a video tape on Family Counseling for national distribution through ACA.

Grief Counseling: Presented a number of workshops dealing with how to conduct "grief/loss" counseling.

PUBLICATION SUMMARY: Six books, two on Impact Therapy, one on creative counseling, and three on group counseling, and thirty-three publications in journals and books. Also, a number of video tapes of my counseling are being used by other counselor educators throughout the country.

Publications

Books

Jacobs, E.E., Schimmel, C.J., Masson, R.L., & Harvill R.L. 8th ed. (2016). *Group counseling: Strategies and skills*. Pacific Grove, CA: Brooks/Cole.

Schimmel, C. J. & Jacobs, E. (2014). *How to select and apply change strategies in groups*. In R. Conyne (Ed.), *Group work practice kit: Improving the everyday practice of group work*. Thousand Oaks, CA: Sage

- Jacobs, E. & Schimmel, C. J. (2013). *Impact therapy: The courage to counsel*. Morgantown, WV: Impact Therapy Associates.
- Jacobs, E., & Spadaro, N. (2003). *Leading groups in corrections: Skills and techniques*. Lanham, MD: American Correctional Association.
- Jacobs, E.E. (1994). *Impact therapy*. Odessa, FL: Psychological Assessment Resources, Inc.
- Jacobs, E.E. (1992). *Creative counseling techniques: An illustrated guide*. Odessa, FL: Psychological Assessment Resources, Inc.

Articles and Chapters

- Jacobs, E., & Schimmel, C. J. (2018). Adlerian Lifestyle Questions. In Jordan, J., Perkins, B., & Lee, R. (Eds.) *Handbook of Experiential Teaching in Counselor Education: A Resource Guide for Counselor Educators*. Charleston, SC: CreateSpace Independent Publishing.
- Jacobs, E., & Schimmel, C. J. (2018). Back-to-Back Crisis Counseling Practice. In Jordan, J., Perkins, B., & Lee, R. (Eds.) *Handbook of Experiential Teaching in Counselor Education: A Resource Guide for Counselor Educators*. Charleston, SC: CreateSpace Independent Publishing.
- Schimmel, C. J., & Jacobs, E. (2018). Group Class--Practice Beginning, Closing, Use of Theories in Group. In Jordan, J., Perkins, B., & Lee, R. (Eds.) *Handbook of Experiential Teaching in Counselor Education: A Resource Guide for Counselor Educators*. Charleston, SC: CreateSpace Independent Publishing.
- Jacobs, E., & Schimmel, C. J. (2018). Mass Crisis Counseling—Dealing with a Major Disaster. In Jordan, J., Perkins, B., & Lee, R. (Eds.) *Handbook of Experiential Teaching in Counselor Education: A Resource Guide for Counselor Educators*. Charleston, SC: CreateSpace Independent Publishing.
- Randall, J. E., Schimmel, C. J., & Jacobs, E. (2018). All buttoned up. In *Experiential Activities for Teaching Social Justice and Advocacy Competence in Counseling*. Pope, M., Gonzalez, M., Cameron, E. R. N., & Pangelinan, J. S. (Eds.) New York: Taylor & Francis.
- Schimmel, C. J., & Jacobs, E. (2018). Uniquely school counseling: Overcoming challenges to group work. In Springer, S. I., Moss, L, Manavizadeh, N., Pugliese, A., (Eds.) *A School Counselor's Guide to Small Groups: Coordination, Leadership, & Assessment*. Alexandria, VA: Association for Specialists in Group Work.
- Schimmel, C.J., Daniels, J., Wassif, J., & Jacobs, E.E. (2016). A creative approach to counselor orientation: The impact of an outdoor orientation program on new counseling master's students. *Journal of Creativity in Mental Health*.
- Schimmel, C. J., & Jacobs, E. (2015). Introduction: Expressive/Creative arts in supervision. In M. Luke & K. M. Goodrich (Eds.) *Group experts share their favorite activities for supervision: Volume One*. (pp. 244-246). Alexandria, VA: Association for Specialists in Group Work.
- Schimmel, C. J., & Jacobs, E. (2015). Group counseling as therapeutic intervention for substance use. In C. S. Bhat, Y. Pillay, & P. R. Selvaraj (Eds.) *Group Work Experts Share Their Favorite Activities for the*

Prevention and Treatment of Substance Use Disorders. (pp. 26-35). Alexandria, VA: Association for Specialists in Group Work.

Schimmel, C. J., & Jacobs, E. (2015). Top three priorities in life activity. In C. S. Bhat, Y. Pillay, & P. R. Selvaraj (Eds.) *Group Work Experts Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorders.* (pp. 117-118). Alexandria, VA: Association for Specialists in Group Work.

Schimmel, C. J., & Jacobs, E. (2015). The value of AA. In C. S. Bhat, Y. Pillay, & P. R. Selvaraj (Eds.) *Group Work Experts Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorders.* (pp. 128-130). Alexandria, VA: Association for Specialists in Group Work.

Schimmel, C. J., & Jacobs, E. (2015). Empty beer case activity. In C. S. Bhat, Y. Pillay, & P. R. Selvaraj (Eds.) *Group Work Experts Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorders.* (pp. 183-184). Alexandria, VA: Association for Specialists in Group Work.

Schimmel, C. & Jacobs, E. (2014) Creative interventions using chairs: Going beyond gestalt. *Journal of Creativity in Mental Health.*

Schimmel, C. & Jacobs, E. (2014) The toughest kinds of groups: Group leading when your members just don't want to be there. *Counseling Today.* ACA magazine.

Schimmel, C. & Jacobs, E. (2013). Counseling difficult students: Creative counseling techniques that really work. ASCA magazine.

Schimmel, C. J., & Jacobs, E. (2011). Ten creative counseling techniques for helping clients deal with anger. Retrieved from http://counselingoutfitters.com/vistas/vistas11/Article_53.pdf

Schimmel, C.J., & Jacobs, E. (2011). When leaders are challenged: Dealing with involuntary members in groups. *The Journal for Specialists in Group Work*, 36(2), 144-158.

Schimmel, C. & Jacobs, E. (2010) Don't Just Sit There: Engage the Brain - Using Movement, Writing, and Creativity to Increase Effectiveness. VistaOnline. ACA

Schimmel, C.J. & Jacobs, E. (2010, February). Using multisensory techniques in counseling. Association for Creativity in Counseling Newsletter, 1(1), 13-15.

Jacobs, E., & Schimmel, C.J. (2009). Processing multicultural exercises. In C. Salazaar (Ed.), *Leading Multicultural Groups.* Association for Specialists in Group Work. London: Taylor and Francis.

Schimmel, C.J., Jacobs, E., & Adams, J. (2008). Involuntary members in a group. In I. Marini & M. Stebnicki (Eds.), *The Professional Counselors Desk Reference.* New York: Springer.

Jacobs, E., & Schimmel, C.J. (2008). Working with individuals in groups. In I. Marini & M. Stebnicki (Eds.), *The Professional Counselors Desk Reference.* New York: Springer.

Stone, V. & Jacobs, E. (2008). Creative Counseling Techniques Applied to the Business World. *Journal of Creativity in Counseling* 3, 119-126.

Jacobs, E. (2005). Individual psychology in group therapy (book review). *Journal of Individual Psychology*, 61, 90-91.

- Jacobs, E. & Schimmel, C. (2005). Small group counseling. In C. Sink (Ed.), *Contemporary school counseling* (pp. 82-115). Boston: Houghton Mifflin Co.
- Jacobs, E. (1998). What to do when more than one show up. *Kentucky Counseling Association Journal*, 17.
- Jacobs, E. & Smith, A. (1997). Listening is not enough. *The Drug and Alcohol Forum*.
- Jacobs, E. (1997). Impact therapy: An active, integrative approach to counseling. *Global Visions for Counseling Professionals*, 5.
- Jacobs, E. (1996). Impact therapy and career development groups. In R. Feller & G. Walz (Eds.), *Career transitions in turbulent times* (pp. 317-322). Greensboro, NC: ERIC/CASS Publications.
- Jacobs, E. (1996). Creative counseling techniques that work. *The Canadian Journal of Adlerian Psychology*, 26.
- Jacobs, E. (1996). Impact therapy and group counseling. In S. Gladding (Ed.), *New developments in group counseling* (pp. 13-16). Greensboro, NC: ERIC/CASS Publications.
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- Bloomer, P. B., & Jacobs, E. (1986). The child of alcoholic parents. In L. Golden & D. Capuzzi (Eds), *Helping families help children: Family interventions with school-related problems* (pp. 59-70). Springfield, IL: C. C. Thomas Publishing.
- Strother, J., & Jacobs, E. (1986). Parent consultation: A practical approach. *The School Counselor*, 33, 292-296.
- Harvill, R., West, J., Jacobs, E., & Masson, R. (1985). Systematic group leader training: Evaluating the effectiveness of the approach. *Journal for Specialists in Group Work*, 10, 2-13.
- Strother, J., & Jacobs, E. (1984). Adolescent Stress as it Relates to Stepfamily Living. *The School Counselor*, 32, 92-103.
- Vass, M., Jacobs, E., & Slavek, N. (1984). Live-in family counseling: An integrated approach. *Personnel and Guidance Journal*, 62, 419-431.
- Harvill, R., Jacobs, E., & Masson, R. (1984). Use of props in counseling. *Personnel & Guidance Journal*, 62, 273-275.
- Harvill, R., Masson, R., & Jacobs, E. (1983). Systematic group leader training: A skills development approach. *Journal for Specialists in Group Work*, 8, 226-232.
- Lutz, E. P., Jacobs, E., & Masson, R. L. (1981). Stepfamily counseling: Issues and guidelines. *The School Counselor*, 28, 89-194.
- Masson, R., & Jacobs, E. (1980). Group leadership: Practical pointers for beginners. *Personnel & Guidance Journal*, 59, 52-55.
- Jacobs, E. & Messing, J. (1977). Educating students to the process of change: Challenge for the school counselor. In D. P. Garner (Ed.), (pp. 69-75). *Career Educator Vol. II*, Eastern Illinois University.
- Jacobs, E., Masson, R., & Vass, M. (1976). An easy way to get started. *Elementary School Guidance and Counseling*, 11, 68-71.

- Jacobs, E., & Croake, J. (1976). Rational-emotive theory applied to groups. *Journal of College Student Personnel, 17*, 127-129.
- Jacobs, E., Brown, D., & Randolph, A. (1974). Educating group counselors: A tentative model. *Counselor Education & Supervision, 13*, 307-309.
- Burck, H. & Jacobs, E. (1973). Teaching a course in counseling theories and practice: Description and evaluation. *Counselor Education and Supervision, 12*, 168-172.
- Holmes, D., & Jacobs, E. (1972). Comparison of student who sought help and their expectations of counseling in a university dormitory and counseling center. *Journal of Consulting and Clinical Psychology, 39*, 269-272.